

## **Charlotte Bernström**

### *Artist statement*

My paintings are explorations of feelings about Nature and our place within it, where the work visually embodies the emotional realm.

The essential part of the creative process for me is connecting with Nature and tapping into the Heart, where I feel creativity unfolds naturally and truthfully. I spend time in the outdoors, then I go beyond what I see. Boundaries fade away and possibilities seem to open up. It becomes an inner journey of discoveries.

*When I paint it's really about the process  
of feeling, observing, tuning in and listening.  
Creating a sacred space by showing up and being present  
and when possible eliminating thinking and planning.  
Then it all becomes more accessible, immediate and alive.  
Time and space become absent  
all there is – is now.*

The physical process consists of many layers of paint on canvas. I start with building up the surface with thick gesso and sand, then following with layers of acrylic medium. A multitudes of thin washes as well as thick impasto are applied. By alternating cool and warm hues, light and dark values, depth and texture build up. There is an alchemy created that becomes unique for each painting.

When one encounters my work my intension is to open a dialog by evoking an emotional response and for the possibility to create more awareness of our connection to Nature.

Rumi's deeply resonating words:

"Beyond right and wrong, there is a garden. I'll meet you there,"  
speak to me of this place where we can come together with profound vitality,  
consciousness and creativity.

*The garden is not only our unique and sacred Earth,  
yet also the entire global community  
dedicated to the preservation, nourishment and constant collaboration  
with all sources  
that share a vision to inspire a planetary renaissance  
to heal and bring balance to our home within Nature.*

These paintings I create resonate with my heartfelt contribution to this necessary collaboration.